

SWS SEPTEMBER SNACKS AND LUNCH MENU

MORNING SNACKS	LUNCH MENU	EVENING SNACKS
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PLEASE FIND THE SNACK ITEM RATES BELOW THE MENU

		TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1-Sep-26	2-Sep-26	3-Sep-26	4-Sep-26
		IDLI CHUTNEY	SAMOSA	WADA PAV	
		VEG SANDWICH	COLESAW S/W	CHUTNEY SANDWICH	
		CHAAS	WHOLE MASOOR DAL	TADKA CHAACH	LASSI
		RAJMA	BHINDI SUBJI	CHAULI GRAVY	ALOO TOMATO JHOL
		ALOO GOBHI	RICE	DRY MIX VEG	KALA CHANA MASALA
		ROTI	ROTI	ROTI	TAWA PARATHA
		RICE	FRIED MIRCHI	RICE	JEERA RICE
		KUCHUMBER SALAD	CUT SALAD	CUT SALAD	CUCUMBER STICKS
		LEMON PICKLE	SWEET LEMON PICKLE	MANGO PICKLE	GREEN CHILLI PICKLE
		ATTA HALWA	RICE KHEER	COCONUT BARFI	
		SWEETCORN	MATRA CHAAT	SEV PURI	KAPA
ENERGY (KCAL)		625	591	563	593
PROTEINS (GMS)		21	20.3	19.1	21.8
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	7-Sep-26	8-Sep-26	9-Sep-26	10-Sep-26	11-Sep-26
	SAMOSA	DOSA CHUTNEY	VEG FRANKIE	PYAAZ KACHORI	DABELI
	COLESAW /SW	VEG SANDWICH	KAKDI SANDWICH	CHEESE S/W	CUCUMBER TOMATO S/W
	MASALA RAITA	LASSI	TADKA CHAACH	KOKUM SHARBAT	TANG
	CHOLA	YELLOW TADKA DAL	MATAR PANEER	GOAN VATANA	KOFTA GRAVY
	BHATURA	LAUKI TOMATO	MIX JAIN DAL	GOAN ALOO	ALOO BEANS
	WHITE VEG PULAO	RICE	RICE	RICE	RICE
	VINEGER ONION	ROTI	TAWA PARATHA	PURI	ROTI

	MIXED PICKLE	SPROUT SALAD	KUCHUMBER	SLICE CUCUMBER	MACRONI SALAD
	FRIED MIRCHI	LEMON PICKLE	MANGO PICKLE	FRIED MIRCHI	MIXED PICKLE
	GULAB JAMUN		BANANA	RAJGEERA LADOO	SEVIYA KHEER
	SEV PURI	FRENCH FRIES	BHEL	KAPPA	PAPDI CHAAT
ENERGY (KCAL)	640	569	640	588	600
PROTEINS (GMS)	21.2	21.5	23.4	20.7	20.6
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	14-Sep-26	15-Sep-26	16-Sep-26	17-Sep-26	18-Sep-26
	GANESH VACATION				
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	21-Sep-26	22-Sep-26	23-Sep-26	24-Sep-26	25-Sep-26
	KASTHA KACHORI	VEG FRANKIE	PYAAZ KACHORI	UTTAPAM CHUTNEY	SAMOSA
	ALOO SANDWICH	COLESLAW SANDWICH	CHEESE S/W	CUCUMBER TOMATO S/W	CHUTNEY SANDWICH
	METHI PARATHA	LASSI	CHAAS	NIMBU SHIKANJI	CHAAS
	VEG BIRYANI	IDLI	CHIKA MOONG PALAK	RAJASTHANI KADI	BHAJI
	DAHI	MEDU WADA	ALOO BAINGAN	MIX VEG DRY	BUTTER PAV
	GHEE/PAPAD / PICKLE	SAMBHAR	RICE	JEERA RICE	MASALA BHAAT
	GREEN CHUTNEY	RICE	ROTI	ROTI	RAITA
	TOMOTO CHUTNEY	COCONUT CHUTNEY	MIXED PICKLE	CUCUMBER SLICE	ONION SALAD
	FRIED MIRCHI	MIXED PICKLE	CUT SALAD	FRIED MIRCHI	PICKLE
	RAJGIRI LADOO		BANANA	RAW MANGO PICKLE	COCONUT BARFI
				CHIKKI	
	FRENCH FRIES	CORN CHAT	BHEL	ONION PAKODA	PAPDI CHAT
ENERGY (KCAL)	626	654	598	563	610
PROTEINS (GMS)	19.1	21.8	19	21.5	14.2
	MONDAY	TUESDAY	WEDNESDAY		
	28-Sep-26	29-Sep-26	30-Sep-26		

	KASTHA KACHORI	PANEER BHURJI PAV	VEG FRANKIE		
	CHUTNEY SANDWICH	BUTTER JAM SANDWICH	VEG SANDWICH		
	CHAACH	TOMATO SOUP	NIMBU PANI		
	TADKA DAL	VEG HAKKA NOODLES	YELLOW DAL TADKA		
	VEG JHALFRAZI	VEG MANCHURIAN GRAVY	SOYA MASALA GRAVY		
	ROTI/RICE	VEG FRIED RICE	ROTI		
	KUCHUMBER SALAD	SCHEZWAN SAUCE	RICE		
	MIXED PICKLE	BANANA	CUCUMBER SALAD		
	FRIED MIRCHI		LEMON PICKLE		
	MURMURA LADOO		FRIED CHILLI		
			FRUIT CUSTARD		
	FRENCH FRIES	ONION PAKODA	SEV PURI		
ENERGY (KCAL)	563	602	603		
PROTEINS (GMS)	19.1	12.8	24.4		

CANTEEN ITEM RATES

ITEM	QUANTITY	RATE	ITEM	QUANTITY	RATE
BOMBAY SANDWICH	1 PC	45	BHEL PURI	1 BOWL	35
CHUTNEY SANDWICH	1 PC	30	PAPDI CHAAT	1 PLATE	40
COLESAW SANDWICH	1PC	50	SEV PURI	1 PLATE	45
CHEESE SANDWICH	1PC	55	CORN CHAAT	1 BOWL	40
CUCUMBER /TOMATO SANDWICH	1PC	30	MATRA CHAAT	1 BOWL	40
BUTTER JAM SANDWICH	1PC	30	KAPPA	1 PLATE	30
ALOO SANDWICH	1PC	40	ONION PAKKODA	1 PLATE	30
VEG CUTTLET PAV	1PC	55	FRENCH FRIES	1 PLATE	45
VEG CUTTLET	1PC	30	VEG FRANKIE	1PC	60
DABELI	1 PC	40	UTHAPAM CHUTNEY	1 PC	60
IDLI CHUTNEY	2 PCS	50	DOSA CHUTNEY	1 PC	60
			WATER BOTTLE	1PC	15
BREAD ROLL	1PC	45	MILK SHAKE KESAR BADAM	PKT	30
DHOKLA	2 PC	40	MILK SHAKE KESAR CHOCO	1BOTTLE	30

BREAD PAKODA	1PC	40	MILK SHAKE VANILA	1BOTTLE	30
WADA PAV	1PC	55	MILK SHAKE ROSE	1BOTTLE	30
CHINESE SAMOSA	1PC	60	SWING POMEGRANATE	1BOTTLE	20
GOAN SAMOSA	1 PC	45	SWING LYCHEE	1BOTTLE	20
KHASTA KACHORI	1 PC	45	SWING GUAVA	1BOTTLE	20
PYAAZ KACHORI	1 PC	60	SWING MIXED FRUITS	1BOTTLE	20
PANEER BHURJI PAV	1 PC	60	SWING MANGO	1BOTTLE	20
TOMATO CHILLI POP CORN	PKT	10	SWING COCONUT	1BOTTLE	20
BUTTER POPCORN	1PKT	10			
CHEESE POPCORN	1PKT	10	MINI CHOCO BAR	1PC	20
NACHO PERI PERI	1PKT	20	VANILA BITES	1PC	10
NACHO JALAPENO	1PKT	20	RASBERRY BITES	1PC	10
NACHO TOMATO	1PKT	20	ICE CREAM BUTTER SCOTCH SANDWICH	1PC	15
NACHO CHEESE	PC	20	BELGIAN CHOCOLATE SANDWICH	1PC	25
MOONFILS BAULI CHOCHO	PKT	25	VANILA CUP 85ML	1PC	30
MOONFILS BAULI VANILA	1PKT	25	VANILA CUP 60ML	1PC	20
MOONFILS STRAWBERRY	1PKT	25	JOLLY TRAIN	1PC	25
MOONFILS CHEESE	1PKT	25	TWO IN ONE MANGO	1PC	30
POPZ HAZELNUT CRUNCH	1PKT	10	VANILA ICONE	1PC	30
POPZ CHOCOLATE CRUNCH	1PKT	10	COTTON CANDY ICONE	1PC	30
POPZ COOKIES & CREAM	1PKT	10	CHOCOLATE ICONE	1PC	30
FRESH FRUITS	1	35	FRESH TENDER COCONUT	1	75